

**Chester Springs Studio**  
**Still Life Oil Painting Basics Materials List**

◆ Martin M. Pieczonka ◆

**For more information:** Phone: Martin at 215-285-0915 Email: artmmp@aol.com

**Brush Shapes & Sizes for Natural Hog Bristle**

- Round:** #2, #4, #6 (2 each)
- Flat:** #4, #8
- Bright:** #4, #8

**Synthetic soft hair brushes Winsor and Newton Monarch**

- Round:** #6
- Bright:** #8

**Canvas:**

- 8 Fine to Medium texture, acrylic or oil pre-primed canvas

**Palette:**

- 12" x 16" or larger wood palette or paper palette.

**Oil Colors 37 ml tube:**

- Cadmium Yellow Light
- Yellow Ochre
- Cadmium Red Light
- Alizarin Crimson
- Ultramarine Blue
- Winsor Green (Winsor & Newton)
- Ivory Black
- Titanium White

**Mediums:**

- Cold Pressed or alkali-refined artist's linseed oil 2 oz.

**Other items:**

- Steel palette paint mixing knife approx. 3" blade
- 6 oz. leak proof brush washing jar or container
- 2 oz. leak proof glass bottle or jar
- Steel palette cup, 1 inch diameter
- Painter's cotton rags approx. 14 x 14" or Home Depot Blue towels Roll
- Master's Brush Cleaner and Preserver round cake soap 2.5 oz.

**Brushes:**

Get Long handle, natural interlocked white hog bristle brushes like: Blick Master Stroke Brushes, Silver Brush Grand Prix 1000 Series, Robert Simmons Signet Hog, and Winsor and Newton Professional Quality Brushes.

**Sizes:**

Ranging from 8" x 10" to 12" x 16"

**Recommended brands:**

Winsor & Newton, Gamblin, Utrecht, Graham, Rembrandt, Grumbacher Pre-Tested

**Solvent:**

- 16 oz. Odorless Mineral Spirits

**Note:** Sizes are listed according to domestic scale. European sizes may be half the size of a domestic size. In domestic sizes, a #2 Round brush should be approximately 1/8 inch wide. A #4 should be approx. 1/4 inch wide, and a #6 approx. 3/8 inch wide. **Important:** Wash all new and stiffened brushes in brush soap and warm water to break them in prior to first class. **Do not loosen bristles without soap and water.** Have brushes dry for first class.

**Note:** Stretched or canvas panel

**Note:** Wood palettes need to be finished. Use wood stain like Cherry or Red Oak oil stain, let dry. Finish with 2 coats clear shellac thinned 50% with denatured alcohol.

**Cadmium colors:**

Grumbacher Pre-Tested Cadmium Barium Red and Yellow are fair quality cadmium at a moderate price. Cadmium Barium is less opaque and has a little less tinting strength than pure cadmium.

**Note:** Odorless mineral spirit brands:

**Mona Lisa** (least expensive at Michael's Crafts)  
**Gamblin Gamsol**

**Suggested Retailers:**

[www.italianartstore.com](http://www.italianartstore.com) (great prices & service)

[www.aswexpress.com](http://www.aswexpress.com)

[WWW.DickBlick.com](http://WWW.DickBlick.com)

[www.utrecht.com](http://www.utrecht.com) (good prices and service)

[www.pearlpaint.com](http://www.pearlpaint.com)

Michael's Arts and Craft Store, ACMoore, Rubenstein's Blick, and Utrecht (Phila.)

